
TRANSITION

The transition from high school to the work world can be difficult, but with good planning and preparation you can get ready for work, additional education, specialized training and independence.

When should you apply for services?

Most students apply for Vocational Rehabilitation services during their last year of school. However, Vocational Rehabilitation may be asked to consult with the school even before your last year.

If needed, you might have a written “transition plan” developed during an Individualized Educational Plan (IEP) meeting. This plan is based on your work goals and needs. You or your school may invite Vocational Rehabilitation to help with transition activities. You might work with VR first as you get ready to leave school and then continue to work with VR after you leave high school.

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What are my rights?

- ◆ Services are provided to persons with disabilities without regard to race, color, creed, sex, national origin, marital status or religion.
- ◆ Information is kept confidential according to state and federal requirements.
- ◆ You are told of the decisions that affect your case and the reasons for those decisions.
- ◆ If you run into a problem with the services you are receiving during the rehabilitation process, you should first discuss it with your counselor. If you are not able to work it out, you can contact the Client Assistance Program (CAP). CAP is an independent program available to help applicants and clients understand the rehabilitation process and appeal decisions that they do not agree with. CAP can be contacted by phone, in writing, or by visiting their office.
- ◆ **Client Assistance Program**
400 North Park, 2nd Floor
PO Box 1681
Helena, MT 59624-1681
(406) 449-2344 Voice/TDD
1-800-245-4743 Voice/TDD

Montana Vocational Rehabilitation

**Do you know what you are
going to do after high
school?**

**If you have a disability
that will make it difficult
to get or keep a job,
maybe we can help...**



**“Promoting work
and independence for
Montanans with
disabilities”**

You are eligible for vocational rehabilitation if:



- ♦ You have a physical or mental disability and
- ♦ Your disability prevents you from getting or keeping a job and
- ♦ You want to work but need VR services to help you get or keep a job or
- ♦ You currently receive Social Security Disability (SSDI) or Supplemental Security Income (SSI).

What help might be available?

The types of services provided are based on what you need to get and keep a job. You and your counselor will develop an individual plan to get you to work. Services that may be provided include:

- ♦ Evaluation services – to help understand your interests, abilities, or limitations.
- ♦ Career guidance and counseling – to help with planning or adjustment.
- ♦ Medical or psychological services – necessary to help you get and keep a job.
- ♦ Training – on the job training, job coaching, or classroom training to improve your job skills.
- ♦ Job development and placement services
- ♦ Rehabilitation technology – to help in identifying and obtaining adaptive equipment necessary for a job.
- ♦ Post employment services – if needed, support services to help you keep a job once you have it.
- ♦ Referral to other resources

What is the rehabilitation process?

- ♦ Schedule an appointment to meet with a VR counselor.
- ♦ Complete the application paperwork.
- ♦ If determined eligible, you will work with your counselor to develop an individualized and appropriate written plan designed to get you into employment.
- ♦ Those services outlined in your rehabilitation plan are provided while you actively work toward your goal of employment.
- ♦ VR makes sure your job is stable and appropriate considering your disability.

For the office nearest you call
1-877-296-1197
OR contact us directly at: